

A.A.A.A.

Date _____

Name _____

Admit what you did (write a complete sentence and be honest)

Apologize (write a list of who have you hurt or offended and then write a note of apology on a separate piece of paper)

Accept (the consequences and responsibility for your actions, write a sentence about how you will do that)

Amends (you need to "fix" or make up for what you did...tell how you will do this...what behavior do you need to change or correct?)

Student Signature _____

Parent Signature _____

Teacher Signature _____

MOP rules and the AAAA

Name: _____ Date: _____

Me: Could this hurt me or get me in trouble?

Others: Could this hurt others or get others in trouble?

Property: Could this hurt someone's property?

Admit what you did or your part of the problem, be honest.

Apologize sincerely to everyone you have hurt or offended.

Accept the consequences and take responsibility without anger or resentment.

Amends. You need to fix or make up for what you did. What can you do to make it better?

How did your actions break the M (me) rule?

How did your actions break the O (others) rule?

How did your actions break the P (property) rule?

List all the people you have hurt and need to apologize to:

How can you make amends to these people?

What should you have done differently & what will you do next time?
