# Name of Lesson \_Grief Group Closing\_\_\_\_

**Counselor\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |
| --- | --- |
| **UNIT/TOPIC:** **(If unit, note how many lessons in unit):** | Lesson 8 of 8 planned |
| **DOMAIN:****(academic, career, personal/social)** | **Personal/Social** |
| GRADE LEVEL(S): | 9 – 12 |
| **GUIDANCE STANDARD(S):****ASCA Standards Addressed:** | **Category 1.3 Sense of belonging in the school environment.** **Category 2.7 (Self-Management Skills) Demonstrate effective coping skills when faced with a problem** |
| **INDIANA STANDARDS ADDRESSED:**\*If this lesson is crosswalked with other academic areas, please list here. | **9-12.1.2 Describes strategies to regulate emotions****9-12.3.4 Demonstrates a respect for multiple perspectives****9-12.3.5 Applies emotional regulation skills** |
| **DIFFERENTIATED INSTRUCTION STRATEGIES:** | **Differentiated delivery of instructional material: written by counselor or other participants, verbal****Written activities may be converted to verbal format or extended time given to complete.** **Different sources of information and conversations: paper/pencil, white board, discussion, drawing, art.**  |
| **LEARNING OBJECTIVES** | **Students will make connections to peers and group closing** |
| **TIME REQUIRED** | **45 minutes** |
| **MATERIALS NEEDED** | Writing utensilsWhite board markersPaper and Pencils |
| **ACTIVITY SUMMARY** | 1. Write letters to one another
2. Check in
3. Closing
 |
| **PROCEDURE** | 1. Writing Letters
	1. Inform students to take out 5 pieces of paper and a pen
	2. Spread out from each other and take time to write a letter to each person in the group
	3. Possible things to write about are:
		1. Share positive stories that you have learned about each other
		2. Why you are thankful for them
		3. What you learned from them.
	4. Collect the finished letters and create stacks on a table leading out of the classroom.
		1. the letters will stay there until the end of the group and students will pick them up as they leave
2. Checking In
	1. Have students come back together after finishing their letters.
	2. Complete the normal check in
	3. Highs and Lows for the week
3. Closing
	1. Due to time this leads into closing
	2. remind students that it is the last formal group, yet they have made connections among each other and should continue to reach out if they need help.
	3. Have the students collect their letters on the way out.
 |
| **EVALUATION:** **What data will you collect and How will you collect data to show:**1. **impact on K-12 students**
2. **feedback on lesson**
 | Fill out Process and Progress for each individual in the group to track how they are participating and working in the group setting.  |
| **FOLLOW-UP PLAN:** | Continuing to run a weekly grief group but it will be extended into a less formal occasion with new students joining.  |
| CITATION(S)References/Resources Used:Cite copyrighted materials, but do not reproduce copyrighted materials in your lesson plan. Non-copyrighted materials must be reproduced and included in your lesson plan. |  |