

- There is a GREAT book called The Trauma Informed School and you can get it on Amazon. There is another book that goes with it called Help for Billy. Those are good books to start with. My schools are becoming trauma informed. There is a great video called Paper Tigers. These are good places to start.
- Dr. Nadine Burke Harris (featured in the first youtube video) wrote a book, The Deepest Well. The kindle edition is currently on sale for \$1.99. I read it as soon as it came out. I LOVE the book! I am working on my PhD and have done a lot of research on ACEs, trauma, and am a “Teach the Teenage Brain” trainer (through Butler University) if anyone has further questions.  
[https://www.amazon.com/Deepest-Well-Long-Term-Childhood-Adversity/dp/0544828704/ref=sr\\_1\\_1?ie=UTF8&qid=1523379492&sr=8-1&keywords=deepest+well](https://www.amazon.com/Deepest-Well-Long-Term-Childhood-Adversity/dp/0544828704/ref=sr_1_1?ie=UTF8&qid=1523379492&sr=8-1&keywords=deepest+well)
- We have been working with Indiana Childrens Law Policy Initiative (CPLI) with school teams across Marion County in an effort to look at Positive School Discipline through Trauma Informed Education. Jim Sporleder from Walla Walla, Washington has been a featured speaker. He is the former principal of the Alternative school featured in the documentary on the school called “Paper Tigers.”  
 Our school corporation is using the book The Trauma-Informed School.  
<http://store.beyondconsequences.com/the-trauma-informed-school-administrators-guide/>  
 We have developed a Trauma Informed Task Force and that group is doing a virtual book study of the book Help for Billy.  
 Heather T. Forbes is an expert in the field  
<http://www.beyondconsequences.com/the-trauma-informed-school>  
 There is a conference that will be held in St. Louis this summer and again in the fall of 2018 <http://www.beyondconsequences.com/tisc>  
 This conference has been held twice already and sold out both times.
- Look up Dr. Lori Desautels. She is amazing!
- Training - <https://www.starr.org/training/tlc/about>  
 Click on the tabs at the top to find training, certification, etc  
 There is a conference near St. Louis in June on Trauma Informed Schools - <http://www.beyondconsequences.com/tisc>  
 Books: Contact the IYI Library. They posted some resources about this a few weeks ago.  
 ACES - <https://www.cdc.gov/violenceprevention/acestudy/index.html>  
 Butler University has a certificate in the neuroscience of learning. Dr. Lori Desautels teaches it. I took the summer class last year and hope to take the second class this fall. It is great! They also do a brain symposium in April. It is sold out this year.  
 This is a huge piece in the puzzle of schools addressing the adversity that our students experience and the resulting problems.
- I was trained as an ACE facilitator thru Beacon Health System. For presentation information you can contact [stewardbridges@beaconhealthsystems.org](mailto:stewardbridges@beaconhealthsystems.org)
- There are so many great resources out there! I am getting ready to complete my certification in Applied Educational Neuroscience at Butler and have been working with this for several years. An Indiana expert who has written several books and is on the

national radar is Dr. Lori Desautels (from Butler). She does numerous talks around the state and country, so if you have a chance to hear her, she is worth going to.

There is an Educational Neuroscience symposium at Butler this weekend- Dr. Bruce Perry is the speaker and is amazing! He is a national expert, senior fellow of the ChildTrauma Academy, has written books such as *The Boy Who was Raised as a Dog* (well worth the read!!!) and has consulted on many well known cases of severe abuse on the national scene, from the children at WACO to the recent group in California.

If you haven't seen the documentary, *Paper Tigers*, that's a good place to start. There is a follow up documentary, *Resilience*, that is also excellent. The principal who is highlighted in *Paper Tigers*, Jim Sporleder, has a book that he co-authored with Heather Forbes called *The Trauma-Informed School*. That has been our bible in our journey toward practicing trauma sensitive approaches. Anything by Heather Forbes is great. She wrote *Help for Billy*, which is another great introduction to a school based understanding of the impact of stress, adversity and trauma on learning.

Heather Forbes and her Beyond Behavior Institute put on a Trauma Informed Schools Conference. I went in November and am going again in June. It may be the best conference that I have ever attended and I am eager to go back!

Here is the link for that conference: <http://www.beyondconsequences.com/tisc-spring>  
<https://www.youtube.com/watch?v=SNZvMZkzg28> Here is a link to a 9 minute video that is an excellent first look at ACES, stress and schools. We use it in our training with staff. I have been doing quite a bit of training in our area and would be happy to share anything with you that I have. We also teach our students about their brains and self regulation.

<http://www.acesconnection.com/> The ACEs Connection website has lots of great resources too.

<http://radteach.com/> Dr. Judy Willis was a neurologist who became a classroom teacher and now speaks nationally. She has good material too.

- I am a school Social Worker at William Tell Elementary in Tell City, IN. Our school has been working to become a trauma informed school for the last year. We started by having a speaker come to our first staff day of school (day before students come to school) to present and inform our staff on what Trauma Informed care is. There is a good book, *The Trauma Informed school: A step by step implementation guide for administrators and school Personnel*.
- I have attached two TedTalks regarding ACE's (Adverse Childhood Experiences) and Trauma Informed Schools which recognize trauma affects brain development and academic performance. I hope this helps you. Good luck!  
<https://youtu.be/95ovIJ3dsNk>  
[https://youtu.be/QAGx2PyMh\\_o](https://youtu.be/QAGx2PyMh_o)
- Julie Alvarado is an expert.....google her. She is fantastic!
- Heather T. Forbes, LCSW is an expert -connected with [www.BeyondConsequencesInstitute.com](http://www.BeyondConsequencesInstitute.com) -great resource.
- *Making Space for Learning -- Trauma Informed Practice in Schools* is a book put out by the Australian Childhood Foundation Here's a link to the PDF:

<https://www.theactgroup.com.au/documents/makingspaceforlearning-traumainschools.pdf>

- I went to the Trauma Informed Schools conference in St Louis in the fall. It was run by the Beyond Consequences Institute. Heather T. Forbes is a national expert and she's the founder. I highly recommend looking into her work. While we are not fully doing the whole trauma-informed process, it was great information about how to work with students with challenging behaviors and understand that ALL students benefit from having a greater understanding of behaviors.
- IYI has schedule a Youth Worker Cafe addressing this issue. I have attached a link to the registration page here:  
<https://www.iyi.org/iyi-near-me/youth-worker-cafes/youth-worker-cafe-carroll-county-3>
- If you Google 'Trauma Informed Classrooms' you'll find lots of great resources on this topic. If you're wanting someone locally to come into your schools and work with your teachers, you could check with Brandi Oliver who is working with Lori Desautel (both professors at Butler University) in some school systems around Indianapolis. Also, you might look into social emotional learning (SEL), where there is also a great deal of resources. Some schools are using a SEL screening assessment called the DESA.  
And, the new MTSS framework (old PBIS) is blending academic and SEL into a Tier system.
- Becoming a trauma informed school is simply assuring that all staff are appropriately trained to recognize and respond to trauma. This can include everything from how you address behaviors to how you structure your curriculum and everything in between. The ACE stands for Adverse Childhood Experiences, this is related to a study done years ago that determined the more of these experiences that you had the more likely you were to have long term effects of chronic stress and trauma. This includes mental and physical health as there has been a link found between ACEs and life expectancy. This is one of the topics I cover in my consulting and professional development trainings. I've been certified by DCS to train on trauma informed care and also TF-CBT which is cognitive behavioral therapy specifically designed with a trauma focus.  
Hope this is what you're looking for, I've spent years learning and teaching about trauma so I could go on about it quite a bit. Here's a video I share in some of my trainings that gives a great overview. Let me know if your admin is interested in offering some support for your staff, I'd love to come speak to you all.  
<https://www.facebook.com/forharriet/videos/1575743582472422/>
- To get a feel for it, I would encourage you watch the movie "Paper Tigers."
- Our school is implementing a Trauma Sensitive/Informed Schools model through our Lilly Counseling Implementation Grant. Although we are not yet experts ourselves, there are a TON of resources and training opportunities available. Here are a few to get you started:
  1. TED Talk, Dr. Nadine Burke Harris -  
[https://www.ted.com/talks/nadine\\_burke\\_harris\\_how\\_childhood\\_trauma\\_affects\\_health\\_across\\_a\\_lifetime](https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime)

2. "The Trauma-Informed School, A Step-by-Step Implementation Guide for Administrators and School Personnel" - Jim Sporleder & Heather Forbes (this one is available through IYI's free library)
3. Paper Tigers documentary (you can download on YouTube for a few \$)
4. PD: Beyond Consequences Trauma-Informed Schools Conference, June 18-20, 2018 St. Charles, Missouri

These are only the tip of the iceberg. The State of Washington, Milwaukee Public Schools, and Kansas City Public Schools all have Trauma Sensitive/Informed Schools models in place. Hope this helps! There is so much value to understanding how ACES effect our students and how we can best interact with them.

- I can talk to you about ACES, I did a presentation on it at ISCA this year. Kristin Gaines [kgaines@rcsd.k12.in.us](mailto:kgaines@rcsd.k12.in.us)
- Here is a website with some information that may help. I am currently reading the Help for Billy book which I borrowed from the IYI library. It is really helpful in understanding the impacts of trauma on children and how this impacts children in the classroom. There is also information on how to help these students.

<http://www.beyondconsequences.com/the-trauma-informed-school>

I would also encourage you to attend the Trauma Informed School Conference if possible. Our school counselors attended last fall and it was a wealth of information.

Here is the link for the upcoming fall conference:

<http://www.beyondconsequences.com/tisc-fall>

It really fills up quickly, so once it opens, complete registration as soon as possible. We missed out on attending last spring because it filled up before we could register.

- Here is a series of 10 lessons/ modules that are excellent provided on YouTube.

[https://www.youtube.com/watch?v=elaLV\\_b8FXw&t=478s](https://www.youtube.com/watch?v=elaLV_b8FXw&t=478s)

I think it should be required of every school personnel at the beginning of every school year.

- There is some awesome research about this. I suggest checking out Lori Desautels books "How May I Serve You" and "Unwritten." They are good jumping off spots. Once you've gotten some info, there are trainings, etc all about this. Lori teaches a class at Butler for a certification in this area.

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