**TOPIC: Childhood and Adolescent Affect and Mood/Depression**

The following represents a sample of information to get you started and is not meant to be exhaustive.

**Center Developed Documents, Resources and Tools**

**Introductory Packet**

* + [**Assessing to Address Barriers to Learning**](http://smhp.psych.ucla.edu/dbsimple2.asp?primary=2301&number=9998)
  + [**Affect and Mood Problems related to School Aged Youth**](http://smhp.psych.ucla.edu/dbsimple2.asp?primary=3013&number=9995)

**Information and Practice Resource**

* + [**Thinking Cautiously About Screening for Major Depressive Disorder (MDD) in Adolescents: The U.S. Preventive Services Task Force Recommendations and Implications for Schools**](http://smhp.psych.ucla.edu/pdfdocs/depress.pdf)
  + [**Empathy, Compassion, and Addressing Student Misbehavior**](http://smhp.psych.ucla.edu/pdfdocs/empath.pdf)

**Newsletter**

* + [**Youth Suicide/Depression/Violence**](http://smhp.psych.ucla.edu/dbsimple2.asp?primary=3002&number=9997)

**Quick Training Aid**

* + [**Suicide Prevention**](http://smhp.psych.ucla.edu/dbsimple2.asp?primary=3002&number=9998)
  + [**School Interventions to Prevent and Respond to Adolescent Affect and Mood Problems**](http://smhp.psych.ucla.edu/dbsimple.aspx?Primary=3013&Number=9991)

**Practice Notes**

* + [**Grief and Loss**](http://smhp.psych.ucla.edu/dbsimple.aspx?Primary=3003&Number=9999)
  + [**When a Student Seems Dangerous to Self or Others**](http://smhp.psych.ucla.edu/dbsimple.aspx?Primary=2108&Number=9992)
  + [**Countering the Over-Pathologizing of Students' Feelings & Behavior: A Growing Concern Related to MH in Schools**](http://smhp.psych.ucla.edu/dbsimple.aspx?Primary=2101&Number=9987)
  + [**About Supporting Those Who Seem Depressed**](http://smhp.psych.ucla.edu/pdfdocs/dep.pdf)

**Resource Aid Packets**

* + [**Screening/Assessing Students: Indicators and Tools**](http://smhp.psych.ucla.edu/dbsimple2.asp?primary=2301&number=9999)
  + [**Student Psychotropic Medication: The School's Role**](http://smhp.psych.ucla.edu/dbsimple2.asp?primary=2305&number=9999)
  + [**School Helping Students Deal With Loss**](http://smhp.psych.ucla.edu/dbsimple.aspx?Primary=2107&Number=9995)

**Policy & Program Reports & Briefs**

* + [**Suicide Prevention in Schools**](http://smhp.psych.ucla.edu/dbsimple.aspx?Primary=3002&Number=9995)

**Continuing Education**

* + [**Addressing Barriers to Learning: New Directions for Mental Health in Schools**](http://smhp.psych.ucla.edu/dbsimple2.asp?primary=2312&number=9998)

**Other Relevant Documents, Resources, and Tools on the Internet**

**General Depression**

* + [**Behaviors May Indicate Risk of Adolescent Depression**](http://www.nih.gov/news/pr/may2006/nida-15.htm)
  + [**Child and Adolescent Depression: Diagnosis and Treatment**](http://www.ncpamd.com/cadepress.htm)
  + [**Cost-Effectiveness of an Intervention to Prevent Depression in At-Risk Teens**](http://archpsyc.ama-assn.org/cgi/content/abstract/62/11/1241?etoc)
  + [**Depression**](http://www.nimh.nih.gov/health/topics/depression/index.shtml)
  + [**Depression and How Psychotherapy and Other Treatments Can Help People Recover**](http://www.apa.org/topics/depress/recover.aspx)
  + [**Depression and Other Mental Health Topics**](http://oas.samhsa.gov/depression.cfm)
  + [**Depression and the Initiation of Alcohol and Other Drug Use among Youths Aged 12 to 17**](http://oas.samhsa.gov/2k7/newUserDepression/newUserDepression.htm)
  + [**Differences in Early Childhood Risk Factors for Juvenile-Onset and Adult-Onset Depression**](http://archpsyc.ama-assn.org/cgi/content/full/59/3/215?submit.y=13&submit.x=49&gca=59%2F3%2F215&)
  + [**Emergency Treatment of Young People Following Deliberate Self-Harm**](http://archpsyc.ama-assn.org/cgi/content/abstract/62/10/1122?etoc)
  + [**FDA Proposes New Warnings About Suicidal Thinking, Behavior in Young Adults Who Take Antidepressant Medications**](http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/2007/ucm108905.htm)
  + [**The Hopelessness Theory of Depression: A Test of the Diathesis-Stress Component in the Interpersonal and Achievement Domains**](http://www.springerlink.com/content/r8436680540n72r0/fulltext.pdf)
  + [**Improving Early Identification and Treatment of Adolescent Depression: Considerations and Strategies for Health Plans**](http://nihcm.org/pdf/082609_McGuire-Dennis.pdf)
  + [**National Trends in Outpatient Treatment of Depression**](http://jama.ama-assn.org/cgi/reprint/287/2/203.pdf)
  + [**Obesity, Shame, and Depression in School-Aged Children: A Population-Based Study**](http://pediatrics.aappublications.org/cgi/content/abstract/116/3/e389)
  + [**Prevalence of Depression by Race/Ethnicity: Findings From the National Health and Nutrition Examination Survey III**](http://www.ajph.org/cgi/content/full/95/6/998)
  + [**QuickStats: Rate of Hospitalization for Depression Among Persons Aged 5-19 Years**](http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5526a5.htm?s_cid=mm5526a5_e)
  + [**Toward Guidelines for Evidence-Based Assessment of Depression in Children and Adolescents**](http://www.informaworld.com/smpp/content%7Econtent=a783754931%7Edb=all)
  + [**Treatment for Adolescents With Depression Study: Rationale, Design, and Methods**](http://www.ncbi.nlm.nih.gov/pubmed/12707557?dopt=Abstract)
  + [**Youth with Depression/Anxiety**](http://aspe.hhs.gov/hsp/09/vulnerableyouth/5/index.shtml)

**Bipolar**

* + [**Bipolar Disorder**](http://www.nimh.nih.gov/health/topics/bipolar-disorder/index.shtml)
  + [**Bipolar Disorder: An Easy-to-Read Booklet**](http://www.nimh.nih.gov/health/publications/bipolar-disorder-easy-to-read/index.shtml)
  + [**Toward an Evidence-Based Assessment of Pediatric Bipolar Disorder**](http://www.informaworld.com/smpp/content%7Econtent=a783754932%7Edb=all)

**Related Agencies and Websites**

* [**American Academy of Child and Adolescent Psychiatry**](http://www.aacap.org/)
* [**The Child and Adolescent Bipolar Foundation**](http://www.bpkids.org/site/PageServer)
* [**International Foundation for Research and Education on Depression**](http://www.ifred.org/)
* [**Mental Health America**](http://www.nmha.org/)
* [**The National Association of School Psychologists**](http://www.nasponline.org)
* [**SAVE: Suicide Awareness Voices of Education**](http://www.save.org)
* [**The Substance Abuse and Mental Health Services Administration**](http://www.samhsa.gov/)

**Relevant Publications That Can Be Obtained through Libraries**

* **A Review of Pharmacotherapy of Major Depression in Children and Adolescents. By Ambrosini, Paul J. Psychiatric Services. 2000 May. 51 (5): p. 627-633.**
* **A Developmental Psychopathology Perspective on the Cognitive Components of Child and Adolescent Depression. By Kaslow, Nadine J.; Adamson, Lauren B.; Collins, Marietta H. In *Handbook of Developmental Psychopathology (2nd ed)* by Arnold J. Sameroff, Ed; Michael Lewis, Ed; et al. Kluwer Academic/Plenum Publishers: New York, NY, US, 2000. p. 491-510 of xxxi, 813pp.**
* **Assessment and Treatment of Adolescent Depression and Suicidality. By Stanard, Rebecca; Powell, Ed. Journal of Mental Health Counseling. 2000 Jul. 22 (3): p. 204-217.**
* **Childhood and Adolescent Predictors of Major Depression in the Transition to Adulthood. By Reinherz, H.Z. et al. (2003). In *The American Journal of Psychiatry*. 160:2141-2147.**
* **Development and Depression. By Garber, Judy. In *Handbook of developmental psychopathology (2nd ed)* by Arnold J. Sameroff, Ed; Michael Lewis, Ed; et al. 2000. Kluwer Academic/Plenum Publishers: New York, NY, US. p. 467-490 of xxxi, 813pp.**
* **Evidence-Based Psychosocial Treatments for Child and Adolescent Depression. By Corinne David-Ferdon and Nadine J. Kaslow. (2008). In *Journal of Clinical Child and Adolescent Psychology, Vol 37, No. 1*.**
* ***Personality Science: Three Approaches and Their Applications to the Causes and Treatment of Depression*. By Zuckerman, M. (2010). American Psychological Association.**
* **Preventing Depression: A Review of Cognitive-Behavioral and Family Interventions. By Gillham, Jane E.; Shatte, Andrew J.; Freres, Derek R. Applied & Preventive Psychology. 2000 Spr. 9 (2): p. 63-88.**
* **Scale-based protocols for the detection and management of depression. Lynch, S. Clarkson, P. Blenkiron, P. & Fraser, J. (2003). *LibraPharm, Primary Care Psychiatry,* 8(3):77084.**
* **Should we screen for depression? Caveats and potential pitfalls. Coyne, J.C. et al. (2002). *Applied & Preventive Psychology, 9*, 101-121.**
* **Social skills deficits associated with depression. Segrin, Chris. Clinical Psychology Review. 2000. Apr. 20 (3): p. 379-403.**
* **The treatment for adolescents with depression study team. (2003). *Journal of the American Academy of Child and Adolescent Psychiatry,* 42(5), 531-542.**
* **Treating adolescent depression: A review of intervention approaches. Finn, Cindy A. International Journal of Adolescence & Youth. A B Academic Publishers: United Kingdom, 2000. 8 (4): p. 253-269.**

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