Tips for discussing death with small children or older children with cognitive delays

Counselortalk March, 2019

* I would recommend reaching out to Brooke's Place. They may have some tips or help to support your student. Here is a link to their website that has some of their resources.

<https://www.brookesplace.org/index.php/about-brooke-s-place/brooke-s-place-resources>

* Contact hospice groups.  They have materials for young children to help them understand death.
* Coalition for Support Grieving Students
* Lifetimes: The Beautiful Way to Explain Death to Children  is a simple book for young children.  I have used this book on many occasions to explain the cycle of life when a loved one has died.    Another book I have recently been using with children is The Invisible String which helps children understand how we are always connected to those we have loved and have died.
* I like Grief is a snowflake by Julia Cook.  I’ve had students create snowflakes or continue working on a grief/memory book.   Depending on her developmental level. I also you the grief book done by Sesame Street.