

DISCLAIMER: The following information was gathered to support educators who may need to access additional resources to support flex-learning while schools are closed due to COVID-19. **The South Dakota Department of Education (SDDOE) is not endorsing any of the listed resources nor has the SDDOE thoroughly vetted them for alignment to content standards.** Schools and teachers should review the resources carefully to determine if they are appropriate.

Be cautious of the following:

1. Digital resources that require teachers or students to create online accounts (whether verified through email or not)
2. Digital resources that have copyright restrictions (many of these may also require account creation)
3. Digital resources being shared by companies that have temporarily opened their paid-for resources to use for free for a limited time (some but not all of these can also require account creation)

School Counseling Resources

Table of Contents:

- [American School Counselor Association \(ASCA\) Resources](#)
- [Information for Students about COVID-19](#)
- [Student Check-In Requests for Counseling Examples](#)
- [Resources for Families](#)
- [Virtual, Real-Time Counseling Supports](#)
- [Virtual Lesson Supports](#)
- [Online Platforms Provided by the South Dakota Department of Education](#)
- [Online Platforms/Lessons Not Provided by the South Dakota Department of Education](#)
- [Example School Counseling Web Pages During School Closure](#)
- [Virtual/Distance Learning Professional Development Opportunities](#)

<u>School Counseling Resources</u>	
Resource	Additional Information
<i>American School Counselor Association (ASCA) Resources</i>	
Planning for Virtual/Distance School Counseling During an Emergency Shutdown	Quick guidance on providing virtual/distance school counseling, direct student services, and indirect student services.
ASCA's Virtual School Counseling Resources	Web page with links to: <ul style="list-style-type: none"> • Webinar on Demand: School Counseling in a Virtual Setting

	<ul style="list-style-type: none"> ● Position Statement: The School Counselor and Virtual School Counseling ● “School Counseling Principles: Ethics and Law” – Chapter 3, Cyberspace ● Magazine Article: It’s a Virtual World ● ASCA Ethical Standards for School Counselors: Virtual Selection ● COVID Resources ● And more
COVID-19 Resources	Suggestions and resources to consider as you provide support to your students regarding COVID-19, as well as links to other education-related organizations with valuable information to share, including details about SAT/ACT, AP tests, etc.
Information for Students about COVID-19	
Share My Lesson	This web page provides videos, discussion questions, and news updates COVID-19 to use in the classroom.
NPR Comic on Exploring Coronavirus	A short, kid-friendly comic explaining the coronavirus.
Helping Children Cope with Stress During the 2019-nCoV Outbreak	The World Health Organization (WHO) has a one-page document with tips for parents (and educators).
Coping with Stress During Infectious Disease Outbreaks	The Substance Abuse and Mental Health Services Administration (SAMHSA) provides guidance on dealing with stress during an infectious disease outbreak.
Coronavirus Explained! (for kids)	A 4-minute YouTube video to explain the coronavirus to kids.
Coronavirus	A kid-friendly explainer video from Brainpop.
So You’ve Got Questions About Coronavirus	A handout for families and students about COVID-19. This was created by Counselor Keri and she gave permission in her subscription email to share it out with others during their eLearning. Click here for the Spanish version. In her own words, “You can share these in Google Classroom, via email,

	or however you'll be communicating with students during eLearning.”
Student Check-In Requests for Counseling Examples	
High School Check-In Google Form	A PDF sample of a high school's Google Form for requesting distance counseling.
Request to Chat! Google Form	Screenshots of an elementary school counselor's Google Form for students to request a chat with the counselor.
Resources for Families	
South Dakota Statewide Family Engagement Center's Daily Digest	By subscribing to the South Dakota Statewide Family Engagement Center's newsletter, subscribers will receive a daily email for families with fun activities to support learning at home.
Learning Resources for Families during School & Child Care Closures	Shared by a Georgia school counselor, this resource shows free resources for families to use to extend learning during school and child care closures.
NACAC College Admission Status Update: Coronavirus Impact	As a service to students and families, NACAC is providing this online tool as a central resource for information about changes in college admission events, deposit dates, and more as a results of the coronavirus outbreak.
Supporting Children Who Are Worried About Coronavirus	A handout for parents about supporting their children during the COVID-19 pandemic. This was created by Counselor Keri and she gave permission in her subscription email to share it out with others during their eLearning. In her own words, “You can share these in Google Classroom, via email, or however you'll be communicating with students during eLearning.”
Helping Kids Who Are Worried About Coronavirus (article)	A Counselor Keri blog with activities and tips to help children who are worried about coronavirus.

SD Statewide Family Engagement Center: Home Learning Schedules	<p>This web page shows example home learning schedules that may assist parents who are working to keep a routine with their children at home during school closure and flexible learning.</p>
<i>Virtual, Real-Time Counseling Supports</i>	
Notification of Enforcement Discretion for telehealth remote communications during the COVID-19 nationwide public health emergency	<p>An excerpt from this article: “OCR will exercise its enforcement discretion and will not impose penalties for noncompliance with the regulatory requirements under the HIPAA Rules against covered health care providers in connection with the good faith provision of telehealth during the COVID-19 nationwide public health emergency. This notification is effective immediately.”</p> <p>Also in the article is a list of some real-time conferencing platforms.</p>
A Complete Telehealth Guide to Therapists	<p>Even though school counselors are not therapists, there are some tips in this article about offering virtual counseling.</p>
<i>Virtual Lesson Supports</i>	
Resources for Teaching Online Due to School Closures	<p>This blog provides resources and tips for teaching online, which may be useful when considering school counseling classroom instruction.</p>
Resources for Online Learning During School Closures	<p>This National Education Association (NEA) web page features several resources, including a list of resources for teaching online.</p>
Corwin’s Online Teaching Toolkit	<p>Corwin provides a toolkit with resources for providing online instruction to students.</p>
Transition to Online Learning with TIE: Resources and Support	<p>TIE (Technology and Innovation in Education) has a web page devoted to resources along the areas of:</p> <ul style="list-style-type: none"> ● Curating and sharing content ● Free online content for subject areas ● How to make it happen
ACTE Distance Learning Resources	<p>ACTE (Association for Career & Technical Education) has a web page with distance learning resources, such as career development learning resources and more.</p>

Tech for Learners	<p>TechforLearners.org is a searchable online database of education technology tools that facilitate online classrooms and teaching, allowing educators to search for free and discounted tools and services by grade level, product type, and subject matter. The site, coordinated by the Software & Information Industry Association (SIIA), will be continually updated and will soon include additional resources geared towards parents and students.</p>
Choice Boards/Learning Menus	<p>Learning menus and choice boards empower students through CHOICE while ensuring adherence to important learning goals. Examples and templates are featured on this web page.</p>
The Tech Teacher: 5 Reasons to Use Digital Choice Boards in the Classroom	<p>Information on using digital choice boards, such as Google, is highlighted on this blog.</p>
Centervention's Free Social Emotional Learning Activities	<p>Free K-8 resources - lessons, activities and printables - in the following skill areas: Communication, Cooperation, Emotion Regulation, Empathy, Impulse Control, and Social Initiation.</p>
Adventure 2 Learning Social Emotional Learning	<p>PK-8 resources on bullying prevention, mental health, and mindfulness are showcased on this web page.</p>
<p><i>Online Platforms Provided by the South Dakota Department of Education</i></p>	
SDMyLife	<p>Free career exploration and academic planning tool for all SD 6-12 grade students.</p>
ACT Method Test Prep	<p>Students can login to their SDMyLife account to access ACT Method Test Prep. This program helps improve students' grammar, math, reading comprehension, and vocabulary skills. Students can use a phone, tablet, or laptop to listen to the audio lessons and watch the video explanations.</p>
<p><i>Online Platforms/Lessons Not Provided by the South Dakota Department of Education</i></p>	
Everfi	<p>EVERFI empowers educators to bring real-world learning into the classroom and equip students with the skills they need for success—now and in the future. Thanks to partners who</p>

	<p>share this mission, EVERFI's online resources for teachers are available at no cost.</p> <p>EVERFI's K-12 digital curricula empower teachers to bring critical skills education into their classrooms. Our interactive, game-based lessons help prepare students for success in the real world.</p> <ul style="list-style-type: none"> ● Financial Education ● Social & Emotional Learning ● Cultural Literacy ● STEM & Career Readiness ● Health & Wellness ● Summer Learning
<p>Nearpod</p>	<p>Nearpod is an instructional platform that merges formative assessment and dynamic media for collaborative learning experiences. Click here for information on Nearpod's support during the coronavirus.</p>
<p>ACT Academy</p>	<p>ACT Academy may be used by educators and students practicing for the ACT. Click here for a look at K-12 classroom assessments, homework, videos, lesson plans, and more.</p>
<p>Amazing Education Resources</p>	<p>This web page shows a compiled list of education companies offering free subscriptions due to school closings.</p>
<p>NACAC College Admission Status Update: Coronavirus Impact</p>	<p>As a service to students and families, NACAC is providing this online tool as a central resource for information about changes in college admission events, deposit dates, and more as a results of the coronavirus outbreak.</p>
<p>Banzai</p>	<p>Banzai is a financial education program that helps students learn the value of a dollar. There are real-life scenarios available in three interactive courses (3rd grade - 12th grade). The program includes tests, games, activities, an entire interactive library, embedded calculators, and more.</p>
<p>Guarding Kids</p>	<p>Dr. Russ Sabella, professor of counseling at Florida Gulf Coast University, has lessons and more available for elementary, middle and high school students, as well as staff and parents. Lesson topics cover cyberbullying, digital reputation, and safe tech use. Materials provided: PowerPoints, handouts, video clips, etc.</p>

Social-Emotional Learning Resources	<p>This resource list was shared by a school counselor in Georgia as she has been conducting virtual school counseling at her district.</p>
Brain Training for Calm and Focus	<p>Training attention gives students greater influence over their thoughts and emotions. In this 22-day course, students complete four 12-minute lessons as well as daily 4-minute exercises. Thanks to a grant from the U.S. Dept. of Education, high school teachers, counselors and administrators can experience the course themselves and share it with as many students as they like.</p>
The NED Show	<p>The NED Show offers free character education resources & lessons for K-6. Educators need to sign up for an account to look through the resources.</p>
<p><i>Example School Counseling Web Pages During School Closure</i></p>	
Humphreys Central Elementary School (HCES) Counseling Support Page	<p>Information on daily counseling, links to videos, activities and more are on this school counseling web page. View the school's web page with links to other content areas here.</p>
Humphreys West Elementary School (HWES) Counselor's Corner Web Page	<p>A homestudy newsletter, daily home studies schedule, activities and videos are on this school counseling web page. View the school's web page with links to other content areas here.</p>
<p><i>Virtual/Distance Professional Development Opportunities</i></p>	
ASCA Webinars	<p>Usually offered only to ASCA members at no cost, all webinars will be offered at no cost to nonmembers, too, until May 15, 2020.</p> <p><u>Continuing Education Credit:</u> Earn CE contact hours by viewing ASCA webinars and taking a short quiz. Each webinar is worth 1 CE contact hour. After you've viewed a particular webinar, take the corresponding quiz from the Specialists and Exams section of the Online Store. Until May 15, 2020, CEU quizzes are free to all.</p>
ASCA U Specialists	<p>From March 15 - May 17, 2020, all ASCA U Specialist trainings will be offered for \$29 for ASCA members (regularly \$99) and \$49 for nonmembers (regularly \$249). No code needed. If you have any issues purchasing or registering for</p>

	<p>any of these professional development offerings, please contact ASCA.</p> <p><u>Continuing Education Credit:</u> Earning an ASCA U Specialist designation is self-paced and online. You'll read a series of books and articles, view/listen to webinars and/or podcasts and take a series of quizzes on the material. You have one year following purchase to complete your Specialist course. ASCA U Specialist designations are valid for five years. Specialist trainings are worth 50 CE contact hours. Most Specialists are also available for graduate credit for an additional fee.</p>
<p>Hatching Results Online Courses</p>	<p>All seven of their self-paced, online courses are free for the next 30 days (starting March 17, 2020).</p> <p><u>Continuing Education Credit:</u> As these are self-paced courses with no quizzes graded to check for understanding, no CE contact hours are provided at this point in time; however, you will receive a general certificate of completion you may use to verify your participation.</p>