



THE LENS OF TRAUMA NEWSLETTER

January 2021

Podcast

Each week Inspire Success features a podcast for school counselors called "Encouraging Words for School Counselors" to inspire, to feature a best practice technique, or to even provide a humorous story. This podcast is titled, "When Good Things Come in Small Packages." It tells an inspiring story about how each of us in education, whether a counselor, a teacher, an administrator, a cafeteria worker, a secretary, a nurse, a bus driver, or a custodian, can significantly impact a student's life. Here is the link: <https://podcast.inspiresuccess.org/2020/11/30/good-things-come-in-small-packages/>

Video

Lessons from Lucy Laney Elementary School

The trauma-informed newsletter will focus on a series of videos that were done about Lucy Laney Elementary School in Minneapolis, MN. This video focuses on respecting cultural differences by accepting African American Vernacular English. One of the best quotes from the video that summarizes this concept is: "...a belief now at the core of each class where teachers have come to understand that dismissing a child's words only diminishes their identity." Thank you to Morgan Bastin, school counselor at South Grove, for finding these great videos about Lucy Laney Elementary School! Although the trauma-informed practices are implemented at an elementary school, they are applicable to all grade levels. These videos were done in 2017. Future editions of this newsletter will continue to focus on this video series.



"Lessons from Lucy Laney: "African American Vernacular English"

<https://www.youtube.com/watch?v=KVZHakC1SIU>

To learn more about this topic, please watch this second video called, "The Cost of Code Switching," a TEDx Talk with Chandra Arthur:

<https://www.youtube.com/watch?v=Bo3hRq2RnNI>

Quick Tip

Replace "consequences" with "experiences." Instead of asking, "What consequence does this child need," ask, "What experiences does this child need to learn a new way."

BITE-SIZED PD

“Every student asks three questions about their teacher every day.

1. Can I **trust** you?
2. Do you **believe** I can succeed?
3. Do you **care** about me?”

—*Teacher Tom Loud*

#T2T

How would your students answer these questions about you? What more can you do to show your students that you are trustworthy, that you believe in them, and that you care about them?