THE LENS OF TRAUMA NEWSLETTER

February 2021

Article

Classroom Strategies for Traumatized, Oppositional Students

by Mary Ellen Fescer

This article explains the impact of trauma on student behavior and the functioning of the brain. It provides strategies to create a safe classroom as well as specific interventions to manage behaviors.
http://www.icase.org/resources/Documents/Classroom%20Strategies%20for%20Traumatized,%20OppositionalStudents(1).pdf

Quick Tip

When you think about what experiences a student needs to learn a new way of doing (tip from January), consider the Circle of Courage. Look at where the student's Circle of Courage is broken and provide opportunities for them to repair their circle with you and/or with others. The Circle of Courage involves four parts: Mastery, Belonging, Independence, and Generosity. (Find more about the Circle of Courage: https://everystudentcanthrive.weebly.com/circle-of-courage.html

Video

Lessons from Lucy Laney Elementary School

The trauma-informed newsletter will focus on a series of videos that were done about Lucy Laney Elementary School in Minneapolis, MN. This video focuses on teachers explaining why they teach. This one is very inspirational. Although the trauma-informed practices are implemented at an elementary school, they are applicable to all grade levels. These videos were done in 2017. Future editions of this newsletter will continue to focus on this video series.

"Lessons from Lucy Laney: https://youtu.be/7L-lhCrOf4w

What would your discipline plan/practices look like if connection came before discipline?

What would your classroom look like if your discipline interventions were channeled through the connections that you have with students?